

**A peaceful, welcoming weekend to relax, connect, and recharge
in the Blue Ridge Mountains.**

Who this retreat is for

Individuals ages 13+ with Trisomy X; inclusive of both teens and adults. Parents/caregivers are welcome.

What to expect

Relax, connect, and recharge through a thoughtfully paced retreat that may include creative art sessions, gentle outdoor activities, games, and opportunities for connection.

Registration and costs

Retreat admission: \$0. Meal packages: 1-night / 3 meals \$80; 2-nights / 6 meals \$160.

Meals include Friday dinner, all three meals on Saturday, and breakfast and lunch on Sunday.

Lodging is booked separately through Kanuga. Inn rooms range from \$135-\$140/night; Guest Houses B & E are \$400/night and accommodate 8-10 adults.

Travel

Closest airports: Asheville Regional (AVL) – about 30 min; Greenville-Spartanburg (GSP) – about 1 hour; Charlotte Douglas (CLT) – about 2 hours.

Retreat Registration



Scan the QR code or use the registration link:

axysgenetic.networkforgood.com/events/101186-2026-axys-trisomy-x-retreat

Lodging



Scan the QR code to book lodging directly through Kanuga or use the secured retreat pricing link

[Kanuga room booking](#)

Questions?

Email the retreat team at retreat47XXX@genetic.org